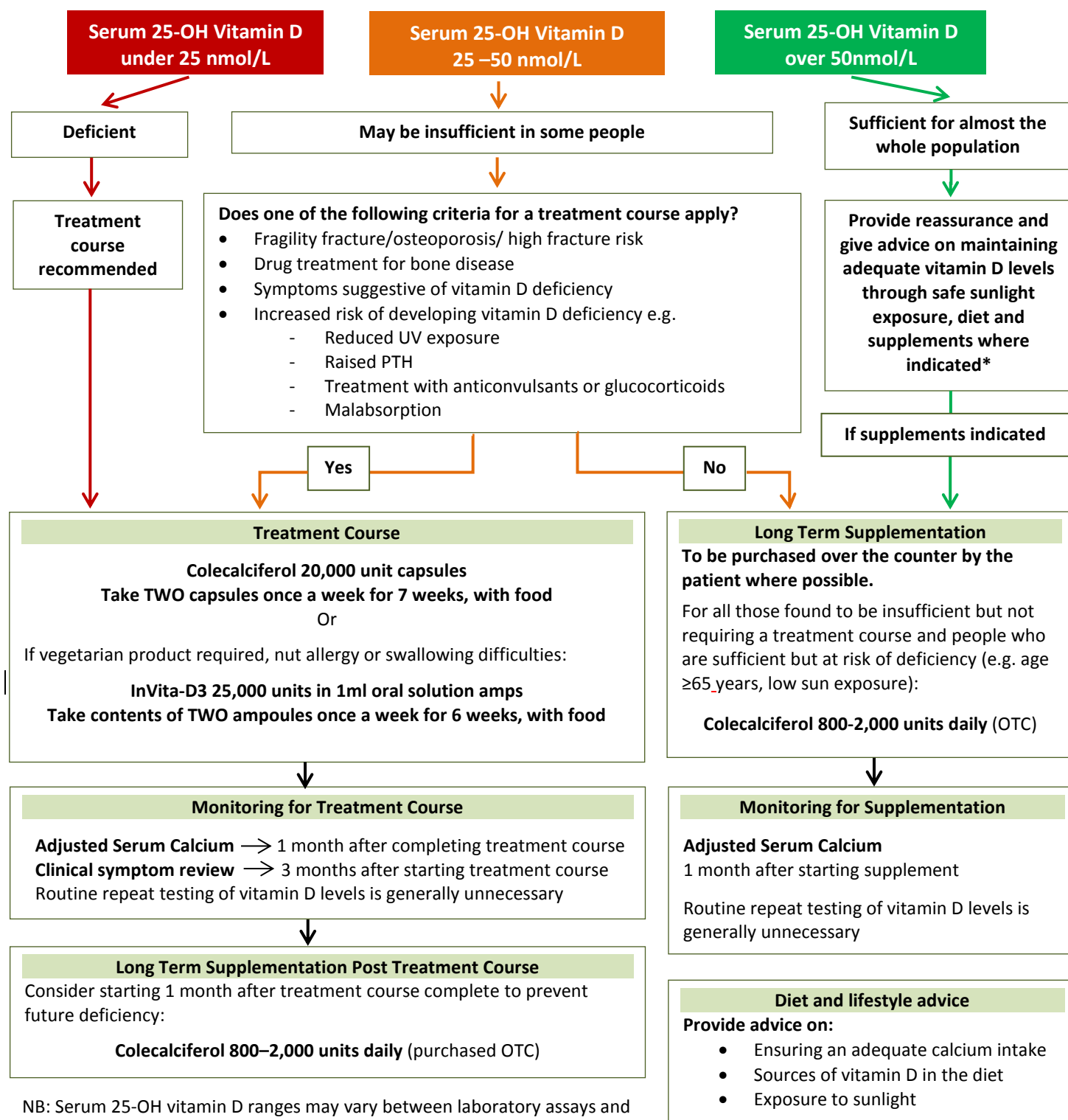


## Adult & Post-pubertal Adolescents Vitamin D Assessment and Treatment Overview

### Serum 25-OH Vitamin D Measurement (*plus baseline U&Es & LBP*) Recommended for:

- Patients with diseases with outcomes that may be improved with vitamin D treatment e.g. confirmed osteomalacia, osteoporosis
- Patients with symptoms that could be attributed to vitamin D deficiency e.g. suspected osteomalacia, chronic widespread pain
- Before starting patients on a potent antiresorptive agent or oral therapy if not going to be co-prescribed vitamin D containing supplements

### Assessment and Management of Vitamin D Levels



NB: Serum 25-OH vitamin D ranges may vary between laboratory assays and discretion may be required in interpreting results from Leeds laboratory.