

## Lower Respiratory Tract Infections

Illness	Comments	Drug	Dose	Duration of Tx
<i>Note: doses are oral and for adults unless otherwise stated. Please refer to BNF for further information.</i>				
<b>Acute exacerbation of COPD</b>	<p><b>Many cases are viral. Antibiotics are not indicated in absence of purulent/ mucopurulent sputum.</b></p> <p>Treat exacerbations promptly with antibiotics if purulent sputum <b>and</b> increased shortness of breath <b>and/or</b> increased sputum volume</p>	<p><b>First line:</b> Amoxicillin <b>or</b> Clarithromycin <b>or</b> Doxycycline</p>	<p>500mg TDS  500mg BD  200mg stat then 100mg OD</p>	<p>Antibiotics should be given until clinical improvement - review after 5-7 days</p>

		<p>If there is no clinical benefit after the first antibiotic consider using an alternative <b>first line</b> option and send sputum for culture and sensitivity reports.</p> <p><b>If patient fails to respond - discuss the case with a Microbiologist.</b></p>	
<p><b>Acute bronchitis</b></p>	<p>Systematic reviews indicate benefits of antibiotics are marginal in otherwise healthy adults. Consider using the option of <b>a delayed</b></p>	<p><b>First line:</b> No antibiotics needed in otherwise healthy adults with no underlying lung disease. Consider use in the elderly, co- morbidity (e.g. heart failure, diabetes) or deteriorating clinically.</p>	

## Lower Respiratory Tract Infections

Illness	Comments	Drug	Dose	Duration of Tx
<b>Note: doses are oral and for adults unless otherwise stated. Please refer to BNF for further information.</b>				
	<b>Prescription.</b>	<b>Second line:</b> Amoxicillin <b>or</b> Doxycycline	500mg TDS  200mg stat then 100mg OD	5-7 days
<b>Community - acquired pneumonia (CAP)</b> Severity assessment chart (BTS guidelines)	<ol style="list-style-type: none"> <li>1. Assess the severity and continue to review patients (see below).</li> <li>2. Microbiological investigations not recommended routinely for those managed in the community - consider if no response to empirical therapy after 48 hours.</li> <li>3. Examination for <i>Mycobacterium tuberculosis</i> should be considered for patients with a persistent productive cough, especially if malaise, weight loss, or night sweats, or if other risk factors exist.</li> <li>4. Serological investigations should be considered during outbreaks (e.g. <i>legionella</i>, <i>mycoplasma</i> and <i>pertussis</i>).</li> <li>5. Amoxicillin 250mg TDS is insufficient to treat, prescribe 500mg TDS.</li> </ol>			

## Lower Respiratory Tract Infections

Illness	Comments	Drug	Dose	Duration of Tx
<i>Note: doses are oral and for adults unless otherwise stated. Please refer to BNF for further information.</i>				
	<p><b>Assessment and review of patients</b>                      Use CRB65 score to help guide and review: Each scores 1:                      Confusion (AMT&lt;8);                      Respiratory rate &gt;30/min; Age &gt;65;                      BP systolic &lt;90 or diastolic ≤ 60;  <b>Score 0:</b> suitable for home treatment;  <b>Score 1-2:</b> hospital assessment or admission  <b>Score 3-4: urgent hospital admission</b>                      Mycoplasma infection is rare in over 65s</p>	IF CRB65=0: Amoxicillin	500mg TDS	7 days
		<b>or</b> Clarithromycin	500mg BD	7 days
		<b>or</b> Doxycycline	200 mg stat/100 mg OD	7 days
		If CRB65=1 & AT HOME Amoxicillin <b>and</b> clarithromycin	500mg TDS  500mg BD	7 to 10 days  7 to 10 days
		<b>or</b> Doxycycline alone	200 mg stat/100 mg OD	7 to 10 days